

Rules of The Lumberjack 100

- Only solo classes permitted. The five classes are men's, women's, single speed (men and women combined), masters (men and women combined), and tandem (5 required for separate class).
- No age divisions.
- Only one bike allowed (no back up bike)
- Single speed bikes must be single speed (no flip flop hubs with 2nd gearing option).
- Packet pick up will be available Friday at the Big M Lodge from 3PM-8PM and Saturday from 6AM-6:30AM.
- The race begins at 7am sharp! Arrive at the start area by 6am and plan to attend the mandatory riders meeting at 6:30am.
- Aid Station: There will be one event staffed Aid Station on the course. The Aid Station will be stocked with Water, Heed Energy Drink, Fruit, Pretzels, Candy Coca-Cola, PowerAde, and P&J.

- Other Aid Station: one self-serve or crew assisted aid station near the start finish line (you will pass this area once each lap). Racers personal items (cooler, food, drink, tools, clothing etc.) can be placed in this area. Please pack out your own trash. The event organizers are not responsible for your belongings left in the crew area. **Any part can be replaced on your bike at this crew area only.**
- Racers are encouraged to also carry their own food, water, tools, tubes, camera, etc.
- No drop bags this year
- Racers may only leave the race course (perhaps to go to their car or the restroom) at the start finish area only and must check in and out with a race official.
- Racers may receive aid from their support crew at the designated crew aid station near the start finish area **ONLY** (Big M lodge and inner loop to outer loop transition). We can no longer have support crews traveling forest roads and trail crossings to aid racers. **Doing so will disqualify the racer.** In the event of a medical emergency, exceptions will be allowed. Your support crew must not gather in front of the timing officials or IN the lap lanes.
- A cut off has been created to avoid night rescues and to allow the race to be over by dark. Racers will not be allowed to begin the 4th lap after 5:00 PM.

- Spectators may watch anywhere along the course but are asked to not ride the course during the race. (Access by foot only) Any spectator riding along with a racer, as support, is not allowed and will disqualify the racer. **Any spectator providing hand up's somewhere other than the crew aid station will disqualify the racer.**
- The racecourse is not a closed course; it is open to other users on race day. This includes hikers and perhaps vehicles traveling on forest service roads at two tracks.
- Please watch for traffic at road crossings and other trail users.
- DNF... If you drop out of the race, you must notify a race official. Everyone needs to be accounted for!
- **Please do not litter!** Used gel packs are the worst to clean up. Leave no trace PLEASE have your crew bring plastic bags for your trash and pack it out! We are not in the waste management business! NFS FINES ENFORCED!
- Important! Your meal/beer wristband must be worn at the post race meal. Your number plate or bike clothes do not count for a meal ticket! **The meal and Folders are will be served in the Big M Lodge and available as soon as you finish your race. ONE MEAL SERVING PER RACER, WRISTBANDS ARE NOT TRANSFERABLE!**

- There is a Manistee National Forest user fee of \$3.00 per day or \$5.00 per weekend, per car. You are responsible to pay the self-serve pipe and display the pass on your dashboard. This is in addition to your entry fee. The promoter is not responsible for a Forest Service fine.
- **Camping in the Big M parking lot is not allowed this year.** Due to the race sell-out we ask that you find somewhere else to camp. We need all the space available just for event parking! No parking allowed on Udell Hills Road. An overflow lot will be available just north of the Big M entrance.
- **ATTENTION NUE SERIES PARTICIPANTS**

Clarification concerning support from crew/spectators at NUE events:

The NUE Series has recently received several emails requesting clarification of exactly what kind of support may be provided by crew and spectators during an NUE Series event.

As a general principle, the NUE Series was developed to offer a variety of self-supportive off road events. NUE Rules regarding crew/spectator support are included to avoid the potential dangers involved with spectators and/or crews providing aid along the course. The NUE series rules are clear on this issue.

However, since NUE events each offer a unique variety of terrain, course configurations, and number and location of aid stations, each event has its own DIVERSE

needs that demand individual rules. As a result, a blanket approach to rules governing spectator and/or crew access at aid stations for each event is not an effective approach.

For example, the Lumberjack 100 is a four-lap race with two aid stations per lap but crew/spectators can only utilize the one at the main parking lot. Other races, including the Cohutta 100 and Breckenridge 100, may have an aid station that is located on top of a mountain that is only accessible by the racecourse that racers are attempting to climb. Others, such as the Mohican 100 have some aid stations that can be accessed by roads that racers do not travel along.

- The NUE Series position has been to establish a set of rules and guidelines for the series without attempting to micromanage each individual event or stifle the creativity of participating race directors. NUE acknowledges that each race director is responsible for developing and enforcing their own rules that are guided by the principles of a self-supportive event.
- It is the responsibility of each racer to read, understand, and abide by the rules of each event, including rules regarding crew access at aid stations.
- NUE hopes this approach will help ensure that the NUE Series remains self-supportive but is also dynamic and flexible in approaching the various needs of each venue and the safety of our racers.

- Thank you for your support and compliance with this clarification.